



Takai Mine Martial Arts

1027 Juan Tabo NE (505) 823-CHOP

Class Schedule effective

January 2019

Little Griffins Pre-School Martial Arts

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Little Griffins (Ages 3 to 5) 4:30pm-5:00pm	Little Griffins (Ages 3 to 5) 5:00pm-5:30pm	Little Griffins (Ages 3 to 5) 4:30pm-5:00pm		Little Griffins (Ages 3 to 5) 10:30am-11:00am

Martial Arts Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Green Belt & Above All Ages 4:00pm- 4:50pm	White & Yellow Children TKD Poomsae 4:30p.m. 5:20 p.m.	Green Belt & Above All Ages 4:00pm-4:50pm	White & Yellow Children TKD 4:30pm-5:20pm		Demo Team Weapons Beginners Escrima Class ALL AGES 8:50am - 9:25am
*Olympic Sparring & Kicking All Ages 5:00pm-5:50pm	Green & Above Adult TKD Poomsae (Forms) 5:30pm-6:20pm	White & Yellow Children TKD 5:00pm-5:50pm	Green & Above Adult TKD Ages 12 and Older 5:30pm-6:20pm	Olympic Sparring All Ages Starts 2/01/19 5:30-6:15 (If team is traveling this class will be cancelled)	Green & Above All Ages Poomsae 9:30-10:20 am.
All Ranks Family Class All Ages 6:00pm-6:50pm	Point Sparring All Ranks (All AGES) 6:30pm-7:20pm	All Ranks Family Class All Ages 6:00pm-6:50pm	Kali & Escrima Weapons & Disarming All Ranks Ages 10 and Older 6:30pm-7:20pm		White-Yellow - Green All Ages 10:30am-11:50am
Adult Only Class 12 & Older Self Defense 6:50-7:30		TKD Paddle Drills Green Belt and Ages 12 + Older 7:00-7:45 p.m.			Point Sparring All Ages 11:30am-12:20pm

Private Lessons available Monday – Saturday 10:00 a.m – 7 p.m. Must sign up at the front desk.

Takaiminekarate.com find us on facebook at Takai Mine Martial Arts, ask about members only page.

*We recommend that each student attend at least one sparring class per week.